

GAMeS2025

International Mental Health & Sport Conference



SCIENTIFIC PROGRAM

19-21 NOVEMBER 2025

LONDON STADIUM, OLYMPIC PARK
LONDON, UNITED KINGDOM



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NOTES FOR PRESENTERS

PRESENTATION SLIDES

All presentation slides must be sent to info@thegamesconference.com no later than Monday 17th November 2025.

PROGRAM

We will not be providing printed programs. Instead, please scan the QR code on the front of your nametag to access the program.

SHARE ON SOCIALS

Use the hashtag #GAMeS2025 on any social media posts!

WE ARE A BABY AND BREASTFEEDING-FRIENDLY EVENT.

Any problems during the event?
Send us an email at info@thegamesconference.com

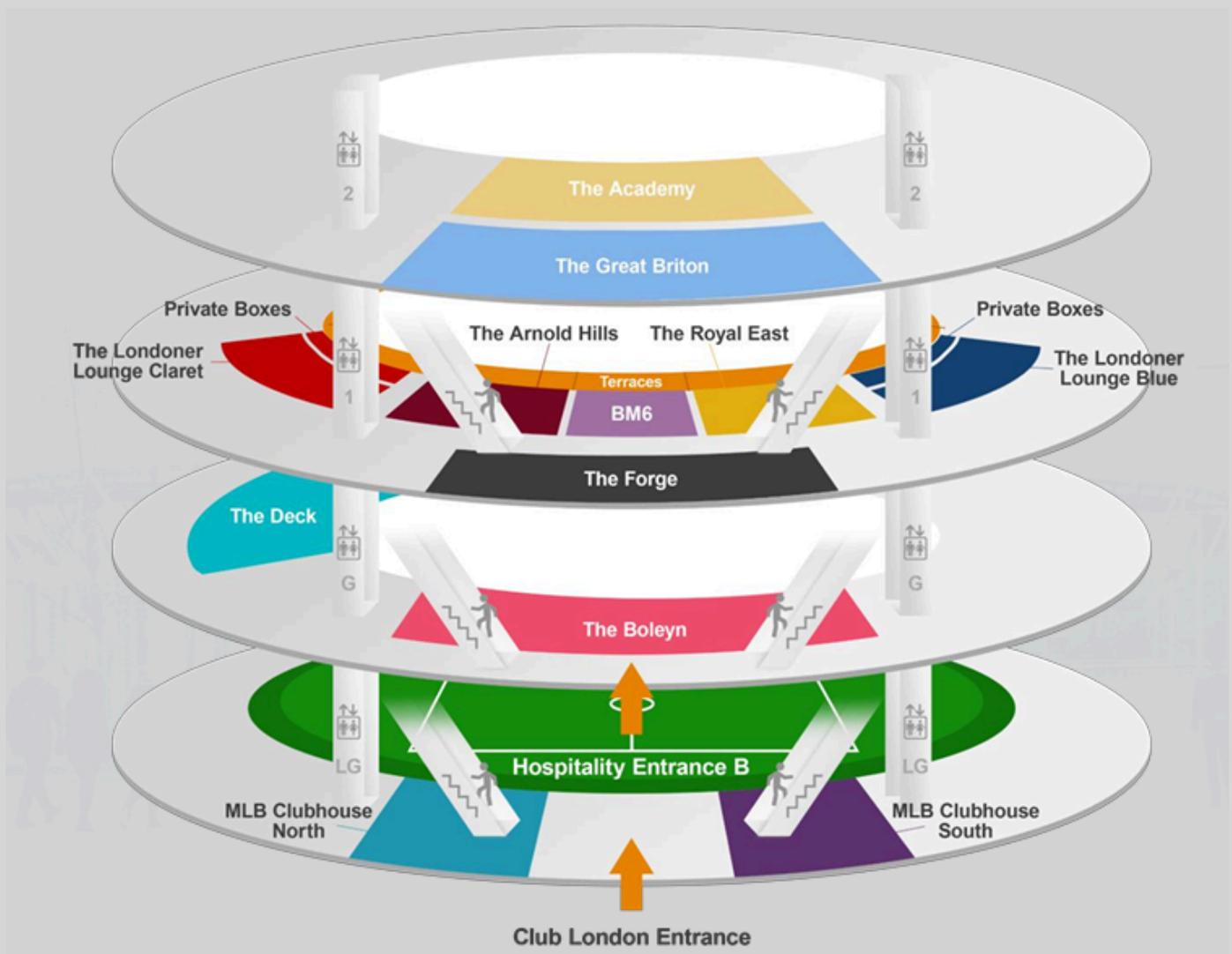
GETTING TO THE VENUE

Venue:

Level 1, London Stadium,
Queen Elizabeth Olympic Park, Stratford.

Enter via the Ground Level (Hospitality Entrance B),
and take the elevator up to Level 1.

Room 1 (Main) is The Forge
Room 2 is The Arnold Hills
Room 3 is The Royal East



GAMeS2025 SPONSORS

CHARITY AND HOSTING PARTNER



MOVEMBER® INSTITUTE
OF MEN'S HEALTH

The Movember Institute of Men's Health unites global experts – and guys themselves – to crack the toughest health challenges men and boys face today.

Together with sector partners, we put evidence into action – improving health outcomes, challenging outdated norms, strengthening connection, and helping men engage with care that actually works. Healthy men, healthy world. That's the goal.

BRONZE PARTNER



We're Mind. We won't give up until everyone experiencing a mental health problem gets support and respect.

AWARD PARTNER



Our mission is to efficiently publish the world's knowledge. We do this through Internet-scale innovation and Open Access licensing to save your time, your money, and to maximize recognition of your contributions.

GAMeS2025

KEYNOTE SPEAKERS



PROFESSOR MEREDITH A. WHITLEY (U.S)

KEYNOTE:
MORE THAN A GAME:
CULTIVATING INCLUSIVE
AND HEALING SPACES
IN YOUTH SPORT

Meredith A. Whitley is a Professor at Adelphi University in New York, and a Research Fellow at the Centre for Sport Leadership at Stellenbosch University in South Africa. Her research explores the complex and multi-faceted roles of sport in young people's lives, along with the interrelated systems impacting youth and community development. She recently served on the President's Council on Sports, Fitness, & Nutrition Science Board and is currently leading the development of Mental Health Guidelines for Youth Sport across the United States.

GAMeS2025

KEYNOTE SPEAKERS



**DR. GÖRAN KENTTÄ
(SWE)**

KEYNOTE:
IS IT POSSIBLE TO
FEEL SAFE AND TO BE
VULNERABLE IN A HIGH-
PERFORMANCE CONTEXT?

Dr Göran Kenttä holds a split position between academia (Swedish School of Sport and Health Sciences, in Stockholm) and professional practice (The Swedish Sports Confederation). Dr Kenttä also holds an adjunct professorship at Ottawa University, and his applied research and professional practice have focused for 25 years on mental health and performance within the elite sports context with mindfulness, acceptance, and compassion-based approaches. This work was acknowledged by receiving the Distinguished Professional Practice Award by the Association for Applied Sport Psychology in 2022.

GAMeS2025

KEYNOTE SPEAKERS



ASSOCIATE PROFESSOR ERIN HOARE (AU)

KEYNOTE:
NEURODIVERSIFY SPORT
AND EVERYBODY WINS

Erin is Associate Professor of Mental Health, Strategic Program Lead at Manna Institute. Her research focuses on equity and inclusion in sport and specifically how mental health and wellbeing can be enhanced. She is a psychologist and a recently retired professional athlete having spent 10 years as an athlete across two national codes, where she competed in Australian Rules Football and netball. Erin led the first neurodiversity focused paper for elite sport, in response to growing understanding of ADHD and autism being highly relevant to athlete populations, and elite sport a natural setting in which such differences can thrive. Erin serves on a number of advisory boards and committees relating to equity and inclusion at State and National level.

GAMeS2025 WORKSHOP



A/Professor Paul Gorczynski



Dr Peter Olusoga

EQUITY, DIVERSITY, AND INCLUSION IN SPORT UNDER ATTACK

WEDNESDAY 19TH

NOVEMBER 2025

3:00PM-5:00PM, ROOM 1

Equity, diversity, and inclusivity (EDI) are essential principles within mental health research. Aspects of EDI are linked to sound demographic data capture, essential explorations of descriptive and analytic epidemiological practice, intervention design, and resource allocation. Recognising aspects of EDI is a basic ethical requirement of conducting research with people. Ultimately, researchers and practitioners want to work in fair ways, recognise important differences, and promote integration and inclusion.

Recently, discussions of EDI have received a great deal of negative media coverage. News from the United States linked to the new administration has documented how universities have had funding for research projects that touch upon topics of EDI paused or pulled entirely. Such actions have affected other countries. For example, universities in Australia, Canada, and the UK have been directly affected by such funding decisions. EDI is under attack! Although this recent political climate is worrying and problematic, and may have an impact on future research conduct, mental health researchers in sport have not entirely embraced aspects of EDI. To date, researchers in this sector have focused on, to a large degree, athletes who come from high-income countries, are male, and live without disabilities. Such decisions have had consequences on not only our mental health knowledge and research conduct to date, but also how we structure interventions, be they preventative or forms of treatment. So, how do we move forward with a greater focus on EDI?

GAMeS2025 SYMPOSIUM

DEVELOPMENT OF MENTAL HEALTH GUIDELINES FOR COMMUNITY SPORT ACROSS AUSTRALIA, CANADA, THE US, THE UK, AND IRELAND



**WEDNESDAY 19TH
NOVEMBER 2025
11:30AM-1:00PM**

Chair: Stewart Vella
(Movember; University of Wollongong, AU)

Community sport systems often lack coordinated, evidence-based approaches to support mental health and wellbeing. This symposium presents a suite of international research initiatives to develop national mental health guidelines for community sport in Australia, the United Kingdom, Ireland, the United States, and Canada. The goal is to provide context-specific, evidence-informed, and stakeholder-endorsed guidance to improve mental health outcomes across community sport. Each country followed a similar multi-phase process. This included: (1) systematic or rapid reviews of the evidence; (2) stakeholder consultation via Delphi methods and focus groups; and (3) expert consultation via Delphi methods. Evidence was synthesised by guideline development committees in each jurisdiction. All projects were grounded in community-based participatory research frameworks. The symposium will share cross-national results, highlighting shared principles (e.g., stigma reduction, mental health literacy, psychological safety) and unique national adaptations. This coordinated effort represents the first global initiative to translate mental health research into actionable guidance for community sport. By fostering international collaboration and local relevance, these guidelines offer a path forward for transforming sport into a scalable setting for mental health promotion.

GAMeS2025 SYMPOSIUM

SUICIDE PREVENTION AND MENTAL HEALTH INTERVENTION IN SPORT: UNIQUE APPROACHES USING PEER AND HOLISTIC SUPPORT



**WEDNESDAY 19TH
NOVEMBER 2025
11:30AM-1:00PM**

Chair: Matt Mishkind (University of Colorado Anschutz Medical Campus, US)

This symposium will present several support programs for suicide prevention and mental health intervention in different American college sport contexts. In the United States, suicide was the second most common cause of death for National Collegiate Athletic Association (NCAA) athletes between 2012 and 2022, and rates of mental health concerns among athletes continue to increase. While there is increased focus on mental health concerns and suicide risk among athletes, many programs struggle to implement guidelines and change due to limited resources, decentralised approaches, and varying attitudes and beliefs about mental health. Developing holistic support structures and educating peers on risk factors and warning signs, training them on how to talk to other athletes and staff about their concerns, and helping navigate them to resources are emerging approaches to expanding services and supportive mechanisms with limited resources. Symposium presentations will offer best practices learned in the American college sport context, recommendations to utilise holistic and peer support structures in other sports departments, and insights into guideline implementation at local and national levels.

GAMeS2025 SYMPOSIUM

RUGBY UNION, FROM GRASSROOTS TO GLOBAL: USING LIVED EXPERIENCE TO PIONEER THE WAY FOR MENTAL HEALTH IN SPORT



**WEDNESDAY 19TH
NOVEMBER 2025
11:30AM-1:00PM**

Chair: AHeather Lewis (LooseHeadz, UK) & Araba Chintoh (University of Calgary, CA)

This symposium highlights how athletes' lived experience has pioneered mental health programs across rugby's global ecosystem from grassroots to elite levels. Presenters are industry experts, clinical providers, academics and trainees who have co-designed solutions with stakeholders across the game. Each session demonstrates initiatives that have generated scalable, culturally responsive frameworks that directly address systemic gaps in sport mental health. Collectively, these projects prove that lived experience is informative and foundational for effective sport mental health strategies. We provide actionable blueprints for sports organisations to a) tailor interventions to specific populations (e.g., gender, cultural, playing-level); b) build peer-led ecosystems that reduce clinical dependency; and c) foster open dialogue in team environments where vulnerability of all participants is normalised – from administrators to coaches to players and match officials.

The symposium concludes with a 30-minute question and answer panel that bridges research and practice, featuring industry experts, clinicians, athletes and researchers who will:

- Share planning and implementation templates;
- Discuss strategy for sport organization stakeholder buy-in; and
- Provide metrics for tracking impact.

GAMeS2025 SYMPOSIUM

ADVANCING MENTAL HEALTH IN PARA-SPORT: FROM LIVED EXPERIENCE TO SYSTEM-LEVEL SOLUTIONS AND STRATEGIES FOR CHANGE



**THURSDAY 20TH
NOVEMBER 2025
9:00-10:30AM**

Chair: Sam Cumming
(UK Sports Institute, UK)

The mental health of high-performance athletes has received growing attention, yet much of this work has centered on non-disabled populations. Emerging evidence suggests that elite Para-athletes are at heightened risk of mental health challenges, due to a combination of sport and impairment-specific stressors. While awareness of these challenges is increasing, the factors influencing mental health in elite Para-sport remain under-explored.

This symposium draws on current research to inform interventions, policies, and partnerships that promote well-being in Para-sport contexts. Across five interlinked presentations, this symposium showcases diverse methodologies including literature synthesis, reflexive thematic analysis, Delphi-style consensus building, participatory co-creation, and collaborative autoethnography.

Research was conducted through partnerships between academic institutions and sport organisations, ensuring context relevance and applied impact. Attendees will gain practical strategies for co-creating research, implementing system-level interventions, and navigating research-practice partnerships. Collectively, these studies advance a psychologically equitable future for athletes with disabilities in elite sports.

GAMeS2025 SYMPOSIUM

MOVING BEYOND THE STATUS QUO: INNOVATIVE AND CREATIVE APPROACHES TO PROMOTING MENTAL HEALTH IN SPORT



**THURSDAY 20TH
NOVEMBER 2025
9:00-10:30AM**

Chair: Patricia Jackman
(University of Lincoln, UK)

Interest in research, policy, and practice surrounding mental health in sport has grown rapidly. Yet, to continue to bring about meaningful, real-world change, it is important to reflect on current approaches used in research and practice, and to identify new ways to explore and promote mental health in sport. In this symposium, we will explore innovative and creative approaches that can advance research and applied practice on mental health promotion in sport.

First, we will address the dominance of problem-oriented paradigms and offer an alternative approach: solution-oriented research and practice. Second, we will showcase practical examples of research and public engagement activities illustrating how arts-based approaches can be utilised for mental health promotion. Third, we will describe how arts and creativity have been used in professional practice and applied research to advance awareness and open up conversations about mental health challenges. Fourth, we will present how the use of poems and storytelling in applied research and practice can provide a “hook” for starting conversations about vulnerability and self-compassion with high-performance coaches. Finally, we will explore the utility of the “I-poem” methodology to represent coaches’ mental health experiences in their life and coaching practice.

GAMeS2025 SYMPOSIUM

PROMOTING MENTAL HEALTH IN COMMUNITY AND ELITE SPORT



**THURSDAY 20TH
NOVEMBER 2025
12:00-1:30PM**

Chair: Andy Smith
(Edge Hill University, UK)

This symposium brings together presentations delivered by representatives of a research-policy-practice partnership between Rugby League Cares, Edge Hill University and the Gaelic Players Association. Its reports on original evidence-based approaches to mental health promotion in community and elite sport (especially rugby league) settings in England and Ireland. Specifically, the symposium explores: (i) the importance of co-producing and designing context-specific, culturally-sensitive, and gender-responsive mental health programmes; (ii) learning from the delivery of effective mental health programmes, including those supported by current and former elite athletes and sports organisations; (iii) approaches to the effective evaluation of programmes in ways that are inclusive, participatory and proportionate; and (iv) the translation of academic evidence into practical solutions which underpin the delivery of programmes tailored to the specific needs of participants and their organisational (and sports) cultures. To enable organisations to better support mental health in their particular settings and advance understanding in the field, attendees will be encouraged to share their knowledge and insights of implementing context-specific mental health programmes in other cultures, involving different sports, participants, and approaches.

GAMeS2025 SYMPOSIUM

INJURY AND MENTAL HEALTH IN SPORT: TEMPORAL EXAMINATIONS OF RISK, RESPONSES, AND REQUIRED SUPPORT



**FRIDAY 21ST
NOVEMBER 2025
11:00AM-12:30PM**

Chair: Rachel Arnold
(University of Bath, UK)

Injury and mental health are deeply interconnected challenges in sport, yet much remains unknown about their dynamic relationship and how best to support mental health and wellbeing during injury. This symposium brings together epidemiological, longitudinal, qualitative, and applied perspectives to present a comprehensive understanding of how injury and mental health influence one another in sport, and the personal, situational, and structural factors that shape this relationship across the athlete's lifespan. Presentation 1 uses a large-scale, six-year retrospective dataset to quantify injury and mental ill-health incidence in Olympic and Paralympic athletes. Presentation 2 reports findings from a five-time-point longitudinal study examining how sports injury relates to psychological outcomes over time in elite athletes. Presentation 3 explores adolescent athletes' psychological responses to injury. Finally, Presentation 4 shares practitioner-led insights into the integration of tailored performance lifestyle support throughout the injury process. Collectively, this symposium showcases the work from five organisations to underscore the urgent need for integrated, temporal, and lifespan-informed approaches to injury and mental health in sport. The findings advocate for preventative strategies, early psychological intervention, and the embedding of mental health and identity-based support throughout the injury experience.

GAMeS2025 SYMPOSIUM

UNDERSTANDING AND PROMOTING MENTAL HEALTH IN ESPORTS: PLAYERS', COACHES', AND POLICY PERSPECTIVES



**FRIDAY 21ST
NOVEMBER 2025
11:00AM-12:30PM**

Chair: Jan Kegelaers
(Vrije Universiteit Brussel, BE)

The global rise of esports has sparked critical interest in the mental health and well-being of its participants, yet scientific understanding remains fragmented and underdeveloped. This symposium brings together four presentations from different European and international projects, each addressing a distinct but complementary aspect of mental health in competitive gaming.

The first presentation reports survey findings from over 1,000 esports players across 64 countries. The second study uses advanced network analysis to uncover the reciprocal interactions among symptoms, stress, and performance. The third presentation shifts focus to esports coaches, exploring how basic psychological needs and stress interact with career sustainability using a mixed-methods approach grounded in Self-Determination Theory. Finally, the symposium concludes with an overview of a participatory, international effort to develop evidence-informed mental health guidelines for the esports sector. Together, these presentations offer an integrated, multidisciplinary understanding of mental health in esports, spanning empirical assessment, conceptual innovation, applied psychology, and policy development. The symposium aims to spark dialogue and collaboration toward more sustainable, inclusive, and psychologically supportive practices in the digital competitive arena.

GAMeS2025 SYMPOSIUM

THE IMPACT OF STIGMA ON MENTAL HEALTH HELP-SEEKING AND PROGRAM IMPLEMENTATION IN SPORT



**FRIDAY 21ST
NOVEMBER 2025
11:00AM-12:30PM**

Chair: Matt Mishkind (University of Colorado Anschutz Medical Campus, US)

This symposium will focus on how stigma, as defined by three levels (structural, social, and self-impact), impacts the implementation of mental health programming and other services in sport. Rates of mental health concerns continue to increase, while access to care options remains limited. Athletes may face additional barriers to accessing care, including fear of public perceptions and media reporting, deselection from teams or other loss of role, and breaches of confidentiality. Structural policies such as requiring that coaches be contacted for requests to engage in mental health care further stigmatise and may also discriminate against help-seeking.

The limits to access are further impacted by stigma towards and about the individual seeking care, the care being sought, and mental health programming in general. Presentations will focus on how stigma impacts diverse programs that have been developed, and the broader systems across professional, amateur, collegiate, and youth sports that are working to implement programmatic support for athletes. Each presentation will suggest best practices to address stigma and more effectively implement mental health programming in sport. This will include practical examples with evidence supporting efficacy.

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
8:30-10:00	REGISTRATION AND MORNING TEA UPON ARRIVAL		
10:00-10:30	WELCOME ADDRESS <i>Prof Stewart Vella (Director, GAMeS)</i> <i>Owen Brigstock-Barron (Director, Global Sports Health Initiatives, Movember)</i>		
10:30-11:30	KEYNOTE ADDRESS Is it Possible to Feel Safe and Free to be Vulnerable in a High-Performance Context? <i>Dr Göran Kenttä (Swedish School of Sport and Health Sciences, SE)</i>		
11:30-13:00	SYMPOSIUM Rugby Union, from Grassroots to Global: Using Lived Experience to Pioneer the Way for Mental Health in Sport	SYMPOSIUM Development of Mental Health Guidelines for Community Sport across Australia, Canada, the US, the UK, and Ireland	SYMPOSIUM Suicide Prevention and Mental Health Intervention in Sport: Unique Approaches Using Peer and Holistic Support
13:00-14:00	LUNCH		
14:00-15:30	PRESENTATIONS Safeguarding and Psychological Safety	PRESENTATIONS College and Student Athlete Development	PRESENTATIONS Neurodiversity and Inclusion in Sport
15:30-17:30	WORKSHOP Equity, Diversity, and Inclusion in Sport Under Attack <i>A/Professor Paul Gorczynski (University of Greenwich, UK)</i> <i>Dr Peter Olusoga (Sheffield Hallam University, UK)</i>		
17:30-18:30	OPENING CEREMONY <i>Canapes and beverages provided - all welcome</i>		
18:30	END OF DAY ONE		

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
7:00-8:00	<p>WALK TALK WALK Hosted by Sport in Mind <i>Meet at Entrance B of the Stadium</i></p>		
9:00-10:30	<p>SYMPOSIUM Moving Beyond the Status Quo: Innovative and Creative Approaches to Promoting Mental Health in Sport</p>	<p>CASE STUDY Promoting and Protecting Mental Health and Wellbeing of Elite Youth Athletes: Translating Research into Mental Health Initiatives in the Australian Football League Talent Pathways Program</p>	<p>SYMPOSIUM Advancing Mental Health in Para-Sport: From Lived Experience to System-Level Solutions and Strategies for Change</p>
10:30-11:00	<p>MORNING TEA</p>		
11:00-12:00	<p>EMERGING KEYNOTE ADDRESS Neurodiversify Sport and Everybody Wins <i>A/Professor Erin Hoare (Manna Institute & The University of New England, AU)</i></p>		
12:00-13:30	<p>SYMPOSIUM Promoting Mental Health in Community and Elite Sport</p>	<p>CASE STUDY Reflections from Six Years Leading Mental Health Support in GB's Olympic and Paralympic sports</p>	<p>PRESENTATIONS Help-Seeking and Treatment Approaches</p>
13:30-14:30	<p>LUNCH</p>		
14:30-15:30	<p>PRESENTATIONS Strategic Leadership and Policy in Sport Mental Health</p>	<p>PRESENTATIONS Youth Development and Resilience through Sport</p>	<p>PRESENTATIONS Body Image and Identity in Sport</p>
15:30-17:00	<p>PRESENTATIONS Systematic Approaches to Building Mentally Healthy Sport Environments</p>	<p>PRESENTATIONS Advances in Measurement and Conceptualisation</p>	<p>PRESENTATIONS Mental Health Interventions in High Performances Sport</p>
17:00	<p>END OF DAY TWO</p>		
18:30 till late	<p>CONFERENCE DINNER St Pancras Brasserie & Champagne Bar</p>		

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
9:30-10:30	<p align="center">KEYNOTE ADDRESS</p> <p align="center">More than a Game: Cultivating Inclusive and Healing Spaces in Youth Sport <i>Professor Meredith A. Whitley (Adelphi University, US)</i></p>		
10:30-11:00	<p align="center">MORNING TEA</p>		
11:00-12:30	<p align="center">SYMPOSIUM</p> <p align="center">Injury and Mental Health in Sport: Temporal Examinations of Risk, Responses, and Required support</p>	<p align="center">SYMPOSIUM</p> <p align="center">Understanding and Promoting Mental Health in Esports: Players', Coaches', and Policy Perspectives</p>	<p align="center">SYMPOSIUM</p> <p align="center">The Impact of Stigma on Mental Health Help-Seeking and Program Implementation in Sport</p>
12:30-13:30	<p align="center">LUNCH</p>		
13:30-15:00	<p align="center">PRESENTATIONS</p> <p align="center">Support Staff Mental Health</p>	<p align="center">PRESENTATIONS</p> <p align="center">Mental Health in Esports</p>	<p align="center">PRESENTATIONS</p> <p align="center">School and Community Sport Mental Health Initiatives</p>
15:00-16:00	<p align="center">PRESENTATIONS</p> <p align="center">State of Mental Health in High Performance Sport</p>	<p align="center">PRESENTATIONS</p> <p align="center">Practical Mental Health Support for Athletes</p>	<p align="center">PRESENTATIONS</p> <p align="center">Wellbeing Across the Sporting Journey</p>
16:00-16:30	<p align="center">CLOSING ADDRESS AND AWARDS</p>		
16:30	<p align="center">End of GAMeS2025!</p>		

PROGRAM DAY-BY-DAY BREAKDOWN

**Schedule is subject to change*

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
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11:30-13:00	SYMPOSIUM Rugby Union, from Grassroots to Global: Using Lived Experience to Pioneer the Way for Mental Health in Sport <i>Chair: Heather Lewis & Araba Chintoh</i>	SYMPOSIUM Development of Mental Health Guidelines for Community Sport across Australia, Canada, the US, the UK, and Ireland <i>Chair: Stewart Vella</i>	SYMPOSIUM Suicide Prevention and Mental Health Intervention in Sport: Unique Approaches Using Peer and Holistic Support <i>Chair: Matt Mishkind</i>
	LooseHeadz Grassroots Initiative: A Protocol for Deploying Mental Health Leads in Rugby Communities <i>Heather Lewis - LooseHeadz, UK</i>	Development and Implementation of Mental Health Guidelines for Community Sport in Australia: A Global First <i>Caitlin Liddelow - University of Western Australia, AU</i>	Results and Adoption of an Integrated Suicide Prevention Peer Navigator Program for Athletes and Sports Staff <i>Matt Mishkind - University of Colorado Anschutz Medical Campus, US</i>
	Mental Health and Wellbeing in Male and Female Rugby Players: Reflections from a Global, Diverse and Inclusive Sample <i>Steffan Griffin - University of Edinburgh; Rugby Football Union, UK</i>	Mental Health Guideline Development for Youth Sport in the United States: Evidence-Informed, Implementation-Focussed, Inclusive and Culturally Tailored <i>Meredith Whitley - Adelphi University, US</i>	Peer Education to Build Mental Wellness & Resilience in National Collegiate Athletic Association (NCAA) Student-Athletes <i>Jess Kirby - University of Colorado Colorado Springs, US</i>
	Empowering Equity: An Athlete-Led, Trauma-Informed Mental Health Module for Elite Women's Rugby <i>Tito Mafikuyomi - University of Toronto, CA</i>	Mental Health Guidelines for Community Sport across the United Kingdom and Ireland: Research Protocol and Findings to Date <i>Gavin Breslin - Queens University Belfast, UK</i>	The Head Game Project: Exploring the Impact of Peer Mental Health Initiatives in the National Collegiate Athletic Association (NCAA) <i>Allison Irish - William James College, US</i>
	Voices Driving Change: A Lived-Experience Model for a Generational Moment in Rugby <i>Araba Chintoh - University of Calgary, CA; Stellenbosch University, SA</i>	Adapting Mental Health Guidelines for Canadian Community Sport: An Equity-Driven and Implementation-Focused Process <i>Catherine Sabiston - University of Toronto, CA</i>	Holistic Care Programming in National Collegiate Athletic Association (NCAA) Division 1 Athletic Departments <i>Lauren Beasley & Jay Kennedy - Georgia State University, US</i>

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13:00-14:00	LUNCH		
14:00-15:30	PRESENTATIONS Safeguarding and Psychological Safety <i>Chair: Patricia Jackman</i>	PRESENTATIONS College and Student Athlete Development <i>Chair: Kurtis Pankow</i>	PRESENTATIONS Neurodiversity and Inclusion in Sport <i>Chair: Erin Hoare</i>
	Designing and Developing Safeguarding Education in Professional Football <i>James Newman - Sheffield Hallam University, UK</i>	Mental Images Under Pressure: The Role of Intrusive Imagery in Trait Competitive Anxiety and Confidence Among Student-Athletes <i>Jennifer Cumming - University of Birmingham, UK</i>	Navigating Neurodiversity in Elite Sport: Lived Experiences of Neurodivergent Athletes <i>Samuel Wood - Manchester Metropolitan University, UK</i>
	Psychological Safety in Youth Sport: What Is It, and How Do We Facilitate It? <i>Matthew Schweickle - University of Wollongong, AU</i>	The Impact of a Season-Long Team-Based Mental Health Intervention on Collegiate Athletes <i>Phillip Sullivan - Brock University, CA</i>	Lessons Learned: Strategies for Empowering Neurodiverse Athletes with ADHD <i>Janet Finlayson - Premier Sport Psychology, US</i>
	“You Have to Trust Each Other”: A Narrative and Reflexive Case Study on Psychological Safety in Sport <i>Maxine Bristow - Liverpool John Moores University, UK</i>	A Roadmap for Advancing Student-Athlete Mental Health: Lessons from a Multi-Phase National Research Program in Canadian University Sport <i>Catherine Sabiston - University of Toronto, CA</i>	From Masking to Meaning: A Critical Autoethnography of Autism, Professional Development, and Belonging in Sport and Exercise Psychology <i>Kristin McGinty-Minister - Manchester Metropolitan University, UK</i>
	Developing Psychological Safety in Elite Sport: Research to Practice <i>Mustafa Sarkar - Nottingham Trent University, UK</i>	Exploring Daily Stressors in Elite Youth Sport Student-Athletes and their Non-Sporty Peers <i>Fieke Rongen - Nottingham Trent University, UK</i>	Supporting Neurodivergent Athletes in Sport: Practitioner Insights to Advance Neuroinclusive Practice <i>Samuel Wood - Manchester Metropolitan University, UK</i>
	Development and Evaluation of a Psychological Safety Program: A Case Study in a Japanese High School Sports Team <i>Yuhei Kotani - Keio University, JP</i>	*Mandatory Sport for Military Officer Cadets: The Impact on Motivation and Wellbeing <i>Jordan Sutcliffe - Royal Military College of Canada, CA</i>	“The sport is not the difficult bit, but getting there on time is”: The Experiences of a Female Athlete with ADHD and ASD Navigating Sport <i>Kirsty Brown - University of Birmingham, UK</i>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
	<p>*The Living Moral Ecology of Psychological Safety in Elite Rugby League <i>Courtney Humphreys - Southern Cross University, AU</i></p>	<p>*Psychological Rest and Mental Health in Female College Athletes <i>David Eccles - Florida State University, US</i></p>	<p>*A Systematic Review and Meta-Analysis Exploring the Additive Effect of Combined Exercise and Cognitive Training Interventions for ADHD <i>Natalie Assaf - King's College London, UK</i></p>
	<p>*Better Leaders, Safer Spaces: Effects of Coaches' Identity Leadership on Psychological Safety and Athlete Mental Health in a Singaporean Context <i>Jin Jie Lim - University of Staffordshire, UK</i></p>	<p>*Mental Health and Dropout from Organised Sports: A Reflexive Thematic Analysis of Adolescents' Experiences <i>Julia Siemsen - University of Wollongong, AU</i></p>	<p>*Place-Based, Community Led-Neuroinclusive Community Sport: Insights from the Geelong NeuroFooty Project <i>Erin Hoare - Manna Institute, AU; University of New England, AU</i></p>
15:30-17:30	<p>WORKSHOP Equity, Diversity, and Inclusion in Sport Under Attack <i>A/Professor Paul Gorczynski (University of Greenwich, UK)</i> <i>Dr Peter Olusoga (Sheffield Hallam University, UK)</i></p>		
17:30-18:30	<p>OPENING CEREMONY <i>Canapes and beverages provided - all welcome</i></p>		
18:30	<p>END OF DAY ONE</p>		

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
7:00-8:00	<p align="center">WALK TALK WALK Hosted by Sport in Mind <i>Meet at Entrance B of the Stadium</i></p>		
9:00-10:30	<p align="center">SYMPOSIUM Moving Beyond the Status Quo: Innovative and Creative Approaches to Promoting Mental Health in Sport Chair: Patricia Jackman</p>	<p align="center">CASE STUDY Promoting and Protecting Mental Health and Wellbeing of Elite Youth Athletes: Translating Research into Mental Health Initiatives in the Australian Football League Talent Pathways Program Chair: Suzie Cosh</p>	<p align="center">SYMPOSIUM Advancing Mental Health in Para-Sport: From Lived Experience to System-Level Solutions and Strategies for Change Chair: Sam Cumming</p>
	<p>From Problems to Possibilities: A Solution-Oriented Approach to Mental Health Promotion in Sport <i>Stewart Vella - University of Wollongong, AU; Movember Institute of Men's Health, AU</i></p>	<p>Growing up in Sport: A Developmental Evaluation of Youth Athletes' Mental Health and Wellbeing in Australian Football League Talent Pathways Program <i>Lisa Olive - Deakin University, AU</i></p>	<p>The Influence of Identities, Group Memberships and Connections on Mental Health and Well-Being in Para-Sport: It's All About the "We" <i>Jamie Barker - Loughborough University, UK</i></p>
	<p>When Sport Meets Art: Exploring Whats, Whys, and Hows of Arts-Based Approaches to Promoting Mental Health in Sport <i>Patricia Jackman - University of Lincoln, UK</i></p>	<p>From Developmental Science to Policy - Application of a Developmentally Informed Policy Framework for Promoting and Protecting Mental Wellbeing of Elite Youth Athletes in the Australian Football League <i>Kate Hall - Deakin University, AU; Australian Football League, AU</i></p>	<p>Applying an Ecological Systems Model Approach to Para-Athlete Mental Health <i>Benjamin Walker - Loughborough University, UK</i></p>
	<p>Various Forms of Art and Creativity in Professional Practice and Research to Target Mental Health in Elite Sports <i>Göran Kenttä - Swedish School of Sport and Health Sciences, SE; Swedish Sports Confederation, SE</i></p>	<p>Bridging the Evidence to Practice Gap: Continuous Improvement of an Evidence-Informed Wellbeing Program for Elite Youth Athletes <i>Suzie Cosh - University of Adelaide, AU</i></p>	<p>Psychological Equity in Elite Sport: The Case for a Paralympic-Informed Mental Health Consensus Statement <i>Georgia Bird - University of Birmingham, UK</i></p>
	<p>Who said that? Exploring Creative Ways to Provide a "hook" to Start Conversations to Promote Mental Health Among High-Performance Coaches <i>Karin Hägglund - Swedish School of Sport and Health Sciences, SE</i></p>	<p>What is Wellbeing? Redefining the scope of wellbeing within Elite Youth Athlete Development Pathways <i>Emma Harris - Australian Football League, AU</i></p>	<p>A Multi-Phase Approach to Co-Creating Mental Health Education for Disability Sport Coaches <i>Roxy O'Rourke - University of Toronto, CA</i></p>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
	<p>'Seven years ago, I wouldn't talk to anyone': Co-Producing I-poems about Male Sport Coaches' Mental Health <i>Hayley McEwan - University of the West of Scotland, UK</i></p>	-	<p>Reflexive Practice in Paralympic Sport Mental Health Research: A Collaborative Auto-Ethnography of Cross-Sector Partnerships <i>Sam Cumming - UK Sports Institute, UK</i></p>
10:30-11:00	MORNING TEA		
11:00-12:00	<p>EMERGING KEYNOTE ADDRESS Neurodiversify Sport and Everybody Wins <i>A/Professor Erin Hoare (Manna Insitute, AU; University of New England, AU)</i></p>		
12:00-13:30	<p>SYMPOSIUM Promoting Mental Health in Community and Elite Sport Chair: Andy Smith</p>	<p>CASE STUDY Reflections from Six Years Leading Mental Health Support in GB's Olympic and Paralympic sports Chair: Sam Cumming</p>	<p>PRESENTATIONS Help-Seeking and Treatment Approaches Chair: Patricia Jackman</p>
	<p>Evaluating a Sport-Based Resilience Program for Young Sport Participants: The Challenge UK <i>David Haycock & Rachel Wilcock - Edge Hill University, UK</i></p>	<p><i>Sam Cumming - Head of Mental Health, UK Sports Institute Mental Health Team, UK</i></p>	<p>Beyond Pre and Post: Using Ecological Momentary Assessment to Track Change During Cognitive Behavioral Therapy in Athletes <i>Rebecka Ekelund - Umeå University, SE</i></p>
	<p>Promoting Mental Health in Workplaces and Community Sport: Insights from the Offload Programme <i>Sophie Warden & Andy Smith - Edge Hill University, UK & Emma Goldsmith, Rugby League Cares, UK</i></p>	<p><i>Amanda Gatherer - Mental Health Expert Panel, UK Sports Institute Mental Health Team, UK</i></p>	<p>A Letter to my Younger Self: Understanding Talented Athletes' Experiences of and Future Recommendations for Seeking Help for Mental Health Difficulties <i>Ella McLoughlin - Nottingham Trent University, UK</i></p>
	<p>Mental Health, Work and Wellbeing in Academy Rugby League <i>Diana Herrera Velasquez & Andy Smith - Edge Hill University, UK</i></p>	<p><i>Ellie Griffin - Mental Health Officer, UK Sports Institute Mental Health Team, UK</i></p>	<p>Incorporating Physical Activity Interventions into NHS Talking Therapies - A Toolkit <i>Suzie Gittus - Sport England, UK</i></p>
	<p>Using Current and Former Elite Athletes to Deliver Community Sport Mental Health Programmes <i>Emma Goldsmith - Rugby League Cares, UK & Jennifer Rogers - Gaelic Players Association, UK</i></p>	<p><i>Oliver Sindall - Mental Health Lead, UK Sports Institute Mental Health Team, UK</i></p>	<p>*An Exploration of Counselling Practices in the Role of Online Endurance Sports Coaching <i>Richard Lord - University of the West of Scotland, UK</i></p>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
	<p>Developing a Whole Person Wellbeing Approach When Working With Elite Athletes and Stakeholders <i>Steven McCormack - Rugby League Cares, UK; Sport Cares, UK</i></p>		<p>*Is It Too Hard to Learn Mindfulness? Exploring Facilitators and Barriers to Engagement in a Mindfulness-Based Program Among Elite Athletes <i>Wei Wang - University of Wollongong, AU</i></p>
			<p>*Psychological Flexibility and Performance in Sport: Individual Responses to an ACT Intervention <i>Marius Sommer - Umeå University, SE</i></p>
			<p>*Increasing Physical Activity in Psychological Treatment - An Evaluation of the Impact on Treatment Outcomes for Anxiety and Depression <i>Suzie Gittus - Sport England, UK</i></p>
			<p>*Trauma-Informed Approaches to Physical Activity Promotion for Young Adults: A Realist Synthesis of What Works, for Whom and in What Context <i>Akusile Makawa - Loughborough University, UK; Mind, UK</i></p>
13:30-14:30	LUNCH		
14:30-15:30	<p>PRESENTATIONS Strategic Leadership and Policy in Sport Mental Health Chair: Stewart Vella</p>	<p>PRESENTATIONS Youth Development and Resilience Through Sport Chair: Kurtis Pankow</p>	<p>PRESENTATIONS Body Image and Identity in Sport Chair: Caitlin Liddelow</p>
	<p>International Olympic Committee Key Mental Health Research Domains <i>Rosemary Purcell - University of Melbourne, AU</i></p>	<p>COMMIT: a Compassionate Mind Training Intervention for Academy Footballers (U9-U14) <i>Angus Meichan - University of Hull, UK</i></p>	<p>The Weight Game is Over – Proposing A Systemic Playbook for Cultural Change and Body Inclusivity in Sport <i>Ashleigh Olive - Ashleigh Olive Psychology, AU</i></p>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
	<p>A Journey to Win Well - Australia's High Performance Sport Ambition for 2032 and Beyond <i>Sonia Boland - Australian Sports Commission, AU; Australian Institute of Sport, AU</i></p>	<p>Rising Resilience: Building Individual and Community Resilience through Grassroots Sport Programming for London Youth of Colour <i>Alex McKenzie - University of Canberra, AU</i></p>	<p>Feedback, Feelings, and Function: Interpersonal Sport Context and Body Image in Adolescent Girls' Sport <i>Catherine Sabiston - University of Toronto, CA</i></p>
	<p>Play Gap®: Bridging Gaps and Creating Connection and Opportunity in Sports for Adult Women <i>Barbara Anthony - Play Gap, US</i></p>	<p>Community Sport as a Setting for Youth Mental Health Support: A Qualitative Review of Program Evaluations <i>Ross Murray - University of Toronto, CA</i></p>	<p>"Sometimes, in a sports perspective, you can matter for your abilities and not for who you are as a person": Perspectives on Mattering in High School Sport <i>Jedediah Blanton - University of Tennessee, US</i></p>
	<p>The Australian Institute of Sport - Mental Health Referral Network - Past, Present and Future Sustainability <i>Nicole Burattin - Australian Institute of Sport, AU</i></p>	<p>Experiences of College Student-Athletes Participating in a Peer-Led Mental Wellness and Resilience Education Program <i>Jess Kirby - University of Colorado, US</i></p>	<p>"In pursuit of 'I need to be lighter,'... my sleep got affected, then my training got affected... it all plummeted": A Mixed Methods Approach to Body Image and Attentional Control Among Elite Athletes <i>Delaney Thibodeau - University of Toronto, CA</i></p>
15:30-17:00	<p>PRESENTATIONS Systemic Approaches to Building Mentally Healthy Sport Environments Chair: Stewart Vella</p>	<p>PRESENTATIONS Advances in Measurement and Conceptualisation Chair: Kurtis Pankow</p>	<p>PRESENTATIONS Mental Health Interventions in High Performance Sport Chair: Caitlin Liddelow</p>
	<p>Leaving Professional Competition on the Field: Professional Collaboration in Promoting Athlete Mental Health <i>Matthew Moore - University of Kentucky, US</i></p>	<p>A New Framework for Conceptualising Mental Health in Sport: Athlete's Perceptions and Experience <i>Elie Walsh - Monash University, AU</i></p>	<p>Evaluating a Co-developed Multi-level Mental Health Intervention within an Elite Cricket Organisation <i>Daniel Ogden - Loughborough University, UK</i></p>
	<p>Game-Changers: Building Mentally Healthy Teams through Peer Upskilling & Early Identification in HE Sports <i>Niamh Nicholson - Student Minds, UK</i></p>	<p>Embedding Mental Health into Movement: Safe and Effective Practice in Physical Activity Delivery <i>Hayley Jarvis - Mind, UK</i></p>	<p>Increasing Mental Health Literacy amongst the Australian High Performance Sport System <i>Nicole Burattin - Australian Institute of Sport, AU</i></p>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
	<p>Implementing at Scale Efficiently and Effectively: Lessons Learned from the Scale up of Movember Ahead of the Game for Building Mental Health Literacy through Sport <i>Shaun Vance - Australian Football League, AU</i></p>	<p>Towards a Broader Conceptual Understanding of Sport and Human Flourishing <i>Richard Simpson - Leeds Trinity University, UK</i></p>	<p>Implementing an Athlete-Centered Mental Health Literacy Program in Competitive Sport: A Preliminary Evaluation <i>Yasutaka Ojio - University of Tokyo, JP</i></p>
	<p>Strengthening Connection: Promoting Social and Emotional Wellbeing for Systemic Change in Professional Sport to Support the Wellbeing of Indigenous Athletes <i>Nioka Tyson - Australian Football League, AU</i></p>	<p>NCAA Student-Athletes' Conceptualisations of Mental Health and Well-Being: Implications for Research and Practice <i>Kurtis Pankow - Swansea University UK; Queens University, CA</i></p>	<p>Hiding in Plain Sight: Early Intervention for Trauma and Trauma Related Disorders in Elite Sport <i>Cindy Miller Aron - University of Wisconsin, US</i></p>
	<p>Head in the Game - Coaching Through a Mental Health Lens <i>Adam Burgess - Beyond Sport, UK</i></p>	<p>*Behind the Masc: Mental Health, Masculinity, and Implications for Sport Psychology <i>Kurtis Pankow - Swansea University UK; Queens University, CA</i></p>	<p>*Impact of an Individualized Sleep Regularity and Circadian Alignment Intervention in Athletes (SCIMA) on Sleep and Mental Health Outcomes <i>Elie Walsh, Monash University, AU</i></p>
	<p>*Unmasking Impostor Feelings in Sport: Insights into Prevalence, Mental Health, and the Role of Self-Compassion <i>Stefan Holmström - Umeå University, SE</i></p>	<p>*Advancing Global Mental Health Screening in Elite Athletes: Validation of the Romanian Athlete Psychological Strain Questionnaire (APSQ) Within a Representative Population <i>Teodora-Simina Dragoiu - Carol Davila University of Medicine and Pharmacy, RO</i></p>	<p>*Inside the Pavilion: Exploring Social Influences on Gambling in Elite Cricket <i>Daniel Ogden - Loughborough University, UK</i></p>
17:00	END OF DAY TWO		
	REST & RELAX		
18:30 TILL LATE	<p>CONFERENCE DINNER St Pancras Brasserie & Champagne Bar</p> <p><i>Tickets sold out!</i></p>		

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
9:30-10:30	KEYNOTE ADDRESS More than a Game: Cultivating Inclusive and Healing Spaces in Youth Sport <i>Professor Meredith A. Whitley (Adelphi University, US)</i>		
10:30-11:00	MORNING TEA		
11:00-12:30	SYMPOSIUM Injury and Mental Health in Sport: Temporal Examinations of Risk, Responses, and Required Support Chair: <i>Rachel Arnold, Alan Currie & Sam Cumming</i>	SYMPOSIUM Understanding and Promoting Mental Health in Esports: Players', Coaches', and Policy Perspectives Chair: <i>Jolan Kegelaers</i>	SYMPOSIUM The Impact of Stigma on Mental Health Help-Seeking and Program Implementation in Sport Chair: <i>Matt Mishkind</i>
	Understanding the Bi-Directional Relationship Between Injury and Mental Ill-Health in Elite Athletes: A Six-Year, Retrospective Cohort Study <i>Rachel Arnold - University of Bath, UK</i>	The Mental Health Status of Esports Players <i>Jolan Kegelaers - Vrije Universiteit Brussel, BE</i>	Addressing Stigma Through Education and Community Building to Improve Mental Health Access in Sport <i>Kym Hilinski - Hilinski's Hope Foundation, US</i>
	Sports Injury and Mental Health in Elite Athletes: A Five-Wave Longitudinal Study of Relationships and Contributing Factors <i>Lauren Cleave - University of Bath, UK</i>	The Mental Meta: Unpacking Reciprocal Interactions Between Mental Health and Esports <i>Lucas Van Ruysevelt - Vrije Universiteit Brussel, BE</i>	Interviewing the Athlete: Using Qualitative Data to Better Understand and Change Mental Health Stigma in Sport <i>Matt Mishkind - University of Colorado Anschutz Medical Campus, US & Laci Alexander - University of Tennessee, US</i>
	A Qualitative Study of Adolescent Athletes' Psychological Responses to Sports Injuries and Factors Linked to Mental Wellbeing Through the Injury Course <i>Catherine Wheatley - Podium Analytics, UK; University of Oxford, UK</i>	Well-Being and Basic Psychological Needs in Esports Coaches: A Mixed-Methods Investigation <i>Matt Watson - German Sport University Cologne, DE</i>	Stigma as Program Disrupter: How Well-Designed Programs Can Be Derailed and Ways to Fix Them <i>Jennifer Royer - TrueSport, Education, and Awareness; U.S. Anti-Doping Agency, US</i>
	Performance Lifestyle Support for the Injured Athlete: A Practitioner's Perspective <i>Shanara Hilbbert - UK Sports Institute, UK</i>	Developing International Mental Health Guidelines for Esports <i>Dylan Poulus - Movember Institute of Men's Health, AU</i>	The Mental Health Literacy of College Sport Athletes and Staff in the United States <i>Lauren Beasley & Jay Kennedy - Georgia State University, US</i>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
12:30-13:30	LUNCH		
13:30-15:00	PRESENTATIONS Support Staff Mental Health <i>Chair: Stewart Vella</i>	PRESENTATIONS Mental Health in Esports <i>Chair: Dylan Poulus</i>	PRESENTATIONS School and Community Sport Mental Health Initiatives <i>Chair: Emily Arnold</i>
	Training Coaches to Support Athlete Mental Health: Evaluation Data from In-Person and Online Trainings <i>Kylee Ault-Baker - Ohio State University, US</i>	The State of Mental Health Research in Esports <i>Benjamin Sharpe - University of Chichester, UK</i>	Enhancing the Collective Impact of Mental Health Initiatives Delivered in Community Sport: An Evaluation Framework and Community of Practice Approach <i>Aaron Simpson - University of Western Australia, AU</i>
	When you Try your Best, but Don't Succeed - How to Cope with Controversies and Crucial Mistakes as a Referee within Professional Football? <i>Tom Henning Øvrebø - Norwegian School of Sport Sciences, NO</i>	Stress and Coping in Elite Esports: A Diary Study of Stress, Coping and Coping Effectiveness <i>Mason Drew - Southern Cross University, AU</i>	Enhancing the Wellbeing of Primary School Children through an In-School Coach-Mentoring Programme <i>Filippo Braschi - Greenhouse Sports, UK</i>
	Organisational Risk Factors for Depression, Anxiety, and Alcohol use Among Elite-Level Coaches <i>Josh Frost - University of Melbourne, AU</i>	Press B to Belong : Early Intervention in Men's Health through Structured National School Esports Competition <i>Daniel Aivaliotis-Martinez - FUSE Esports, AU</i>	Game Changers: Introducing a Sport-Based Mental Well-Being Program for Young Men <i>Scott Pierce - Illinois State University, US</i>
	Hey Ref...Are You Okay? Promoting Sport Officials' Mental Health Research <i>David J. Hancock - Memorial University of Newfoundland, CA</i>	What is Missing? Mental Health Needs in Esports: The Players' Perspective <i>Mitchell Nicholson - Southern Cross University, AU</i>	Exploring the Impact of Greenhouse Sports on the Wellbeing of Secondary School Pupils <i>Nick Dunnett - Greenhouse Sports, UK</i>
	Exploring Coaches' Roles in Responding to Youth Suicide and Self-Harm <i>Courtney Walton - University of Melbourne, AU</i>	*Embedding Prosocial Design in Gaming: Equipundo's Approach to Safer and Healthier Player Communities <i>Caroline Hayes - Equipundo, US</i>	*Active Minds, Active Community: Embedding Peer Support into Community Mental Health <i>Joanne Darville - Mind in Croydon, UK</i>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
	<p>*Antecedents of Sport Official Abuse: A Scoping Review <i>Ben Parr - Ulster University, UK</i></p>	<p>*Female Representation in Esports Psychology Research: Implications for Mental Wellbeing, Psychological Safety, and Performance Optimisation <i>Riley Dunn - Queensland University of Technology, AU</i></p>	<p>*Delivering Community-Based Physical Activity for Individuals with Severe Mental Illness: A Multi-Stakeholder Perspective <i>Sreedevi Laxman - Sport in Mind, UK; University of Chichester, UK</i></p>
	<p>*Barriers and Supports Experienced by Female Elite Coaches in Winter Sports <i>Loranne Smans - Vrije Universiteit Brussel, BE</i></p>	<p>*Role of a 10-Week Exercise Intervention on Cerebral Hemoglobin Saturation, Cognitive Function, and Heart Rate Variability within Elite Esports Players: A Pilot Study <i>Mitchell Nicholson - Queensland University of Technology, AU</i></p>	<p>*Community Weightlifting Gyms as Sites of Mental Health Creation <i>Will Mason - University of Sheffield, UK</i></p>
	<p>*Olympic and Paralympic Coaches' Perceived Barriers to Mental Health Help-Seeking: A Concept Mapping Study <i>Josh Frost - University of Melbourne, AU</i></p>	<p>*Building Better VR Mental Health Interventions: Evidence-Based Design Principles in Sport (and Beyond) <i>Emmanuel Obine - University of Chichester, UK</i></p>	-
	-	<p>*Affect, Wellbeing, and Ill-Health in Esports: The CEPAV Multimodal Dataset for Mental-Health Research <i>Maciej Behnke - Adam Mickiewicz University, PL</i></p>	-
15:00-16:00	<p>PRESENTATIONS State of Mental Health in High Performance Sport Chair: Kurtis Pankow</p>	<p>PRESENTATIONS Practical Mental Health Support for Athletes Chair: Dylan Poulus</p>	<p>PRESENTATIONS Wellbeing Across the Sporting Journey Chair: Stewart Vella</p>
	<p>The Impact of Mental Health Problems on Athlete Availability: A Tale of Two Trends <i>Sam Cumming - UK Sports Institute, UK</i></p>	<p>Mindfulness Beyond: It's More than Training your Focus <i>Kristel Kiens - Tallinn University, EE</i></p>	<p>Young Women's Preferences for a Sports-Based Mental Health Literacy Intervention <i>Emily Arnold - University of Wollongong, AU</i></p>

	ROOM 1 (MAIN) <i>The Forge</i>	ROOM 2 <i>The Arnold Hills</i>	ROOM 3 <i>The Royal East</i>
	<p>Examining the Prevalence and Correlates of Burnout, Mental Health, and Well-Being Among Athlete Support Personnel in the UK High Performance Sport System <i>Holly Taylor - University of Bath, UK</i></p>	<p>From Battlefield to Playing Field: Using Stress First Aid (SFA) to Support Athlete Mental Health <i>Jenna Ermold - Elevate Learning Collaborative; Center for Deployment Psychology, Uniformed Services of the Health Sciences, US</i></p>	<p>The Moderating Role of Autonomy Support on Sport Sampling and Psychological Well-Being <i>William Massey - Oregon State University, US</i></p>
	<p>Mental Health in Maltese Football: The Silent Struggle in a Mediterranean Island State <i>Adele Muscat - Maltese Football Association, MT ; University of Malta, MT</i></p>	<p>A Guide for Practitioners About How Athletes, Coaches, and Other Performers Can Obtain the Mental Rest They Need to Stay Mentally Healthy <i>David Eccles - Florida State University, US</i></p>	<p>*A Biographical Mapping Approach Towards Understanding Mental Health Protection and Promotion Across the Elite Female Athlete Career <i>Kate Walsh - Nottingham Trent University, UK</i></p>
	<p>*Perspectives of Organisational Leaders and Policymakers on Mental Health Policies within High-Performance Sport Organisations <i>Laura Spolverato - Vrije Universiteit Brussel, BE</i></p>	-	<p>**“Slowly Come to Terms with It”: An Interpretative Phenomenological Analysis of Retirement from Professional Sport <i>Jordan Vella - Monash University, AU</i></p>
	<p>*A Case Study Into Perceptions of Mental Health and Mental Health Literacy Levels In A Professional Women's Football Academy <i>James Hook - Liverpool John Moores University, UK</i></p>	-	<p>*The Burden of Depression and Anxiety in Athletes: A Population Based Open Retrospective Cohort Study Using UK Primary Care Data <i>Kirsty Brown - University of Birmingham, UK</i></p>
	-	-	<p>*Wellbeing, Identity & Nutrition in Climbing (WIN-CLIMB): New Insights into Disordered Eating & Low Energy Availability in Athletes <i>Kat Wheatley - King's College London, UK</i></p>
16:00-16:30	<p>CLOSING ADDRESS AND AWARDS <i>Dr Caitlin Liddelow (Co-Chair, Scientific Organising Committee)</i> <i>Prof Stewart Vella (Director, GAMeS)</i> <i>Owen Brigstock-Barron (Director, Global Sports Health Initiatives, Movember)</i></p>		
16:30	<p>END OF GAMES2025!</p>		

THANK YOU
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GAMeS2025

*If you require a certificate of attendance, please email
info@thegamesconference.com*